Integrated Global Screening



Date	



Name

Pre RX	Left	Right	Expected	Post RX	Left	Right
Cervical Rotation						
Thoracic Rotation						
Glenhumeral internal rotation						
Glenhumeral external rotation						
Upper Limb Tension Test 1 Limit						
Degrees						
Upper Limb Tension Test 2 Limit						
Degrees						
Lumbar extension/ lateral flexion %						
Excess compensatory movement						
Specific movement restriction						
Lumbar flexion %						
Excess compensatory movement						
Specific movement restriction						
Straight Leg Raise						
Hip Internal Rotation						
Hip External Rotation						

Pre RX	Left	Right	Expected		Post RX	Left	Right
Thomas Position							
Femoral Angle							
Femoral Angle Abduction					[
Femoral Angle Rotation (Internal/External)							
Tibiofemoral rotation							
Foot position					[
Single leg stability Left	0 Unable)	Tissue restric	tion	0 Unable	e	Tissue restriction
	1 Alignm	ent < 1 sec	Control/ neur	ological	1 Alignm	ent < 1 sec	Control/ neurological
	2 Alignm	ent < 3 sec	Awareness		2 Alignm	ent < 3 sec	Awareness
	□ 3 Dip				□ 3 Dip		
	4 3 Dips	3			4 3 Dips	3	
	5 Hop				5 Hop		
Single leg stability Left	0 Unable	e	Tissue restric	tion	0 Unable	e	Tissue restriction
	1 Alignm	ent < 1 sec	Control/ neur	ological	1 Alignm	ent < 1 sec	Control/ neurological
	2 Alignm	ent < 3 sec	Awareness		2 Alignm	ent < 3 sec	Awareness
	☐ 3 Dip				☐ 3 Dip		
	4 3 Dips	3			4 3 Dips	3	
	5 Hop				5 Hop		